

Öffnungszeiten des Fitnessraums im PSV Uelzen e.V. Stand: März 2023

Aktuelle ÄNDERUNGEN findet Ihr auf der Website der Fitness-Sparte

Zeit (von-bis)	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
09:00-09:30		freies Training					freies Training
09:30-10:00		freies Training					freies Training
10:00-10:30		freies Training					freies Training
10:30-11:00		freies Training					freies Training
11:00-11:30		09:00 - 11:00	freies Training				freies Training
11:30-12:00			freies Training				09:00 - 11:30
12:00-12:30			freies Training				
12:30-13:00			11:15 - 12:45				
13:00-13:30							
13:30-14:00							
14:00-14:30			freies Training		freies Training		
14:30-15:00			freies Training		freies Training		
15:00-15:30			freies Training		freies Training		
15:30-16:00	freies Training	freies Training	freies Training		freies Training		
16:00-16:30	freies Training	freies Training	freies Training		freies Training		
16:30-17:00	freies Training	freies Training	14:00 - 16:30	freies Training	14:00 - 16:30		
17:00-17:30	freies Training	freies Training		freies Training			
17:30-18:00	freies Training	freies Training		freies Training			
18:00-18:30	freies Training	freies Training		freies Training			
18:30-19:00	15:30 - 18:30	15:30 - 18:30		freies Training			
19:00-19:30				freies Training			
19:30-20:00				16:30 - 19:30			
20:00-20:30							
20:30-21:00							